

Kathleen Marie Spicer

PRAYERS ALONG MY PATH OF FAITH

EBOOK

Helpful prayers for everyday
challenges of life.



From my heart to yours...

FORWARD



A Few Notes:

No AI assistance was used in the creation of these prayers.

Scripture references were accessed using my own, personal Bibles and via BibleGateway.com.

All photos credit Kathleen Marie Spicer.

Dear Reader,

The prayers set forth in this book are the result of real-life events, heart-felt petitions, and everyday challenges along my walk with the one, true God of truth and grace.

Whether hand-written in a three-ring notebook or typed on my MacBook Air, these words were not composed lightly.

It was only through intentional conversation with the Holy Spirit these words were formulated in my mind and transcribed onto the page.

They fell into sentences in confession and humility, in frustration and absolute abandon, through many tears and with hands clasping the cross around my neck.

As my thoughts took shape, each time I could feel my spirit lifting up.

Here, my soul finds a calmness, like the soft rhythm of ocean waves gently unfolding onto a white sandy beach.

It is my hope these prayers will inspire readers to go deeper into the Scriptures and gospel of Jesus Christ and uncover for themselves a more intimate relationship with our faithful God of light.

In His name,

Kathy :-)

For through the Spirit we eagerly await by faith the righteousness for which we hope.

Romans 5:5 NIV

Prayers Along My Path of Faith

TOPICS

- ISBN in work



Perseverance

*

Renewal

*

Identity

*

Confidence

*

Hope

*

Faith

Topic One

PERSEVERANCE

Purpose: A prayer for restoration in God's truth and promises when feeling depleted and downcast.



God, you are my artist—ever creative, forever imaginative. You design a dainty primrose, painted in bold, vivid colors.

You capture light in a perfect wave that calms my heart as it dwindles and gently unfolds to where ocean meets sand.

Even as I walk in your brilliance, I sometimes fear I'm growing weary in my journey and the challenges of everyday life.

The canvas of my mind is feeling worn in frustration. Its edges have become frayed and several places look weary and tarnished. The colors are smudged and running together, clouding my vision to see hope in this story.

But I know you are a God of promises.

Help me turn the prism of my unbelief into undeniable trust in you so I will not stumble.

Keep me in tune, in lockstep, with your heart.

Lend me your pallet. Help me broadly brush over where shades turn dreary or have faded to black.

Let your light shine on those areas needing to be brightened or are in stark contrast to your ways.

May the picture formed in my mind be one of vibrant life, walking along the path I know to be true, full in Spirit, and reflecting only your significance, your creativity, your perfection.

Through your grace and truth, held together by only your strength, bring me to the next step on my path.

SUPPORTIVE SCRIPTURE

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.

Ezekiel 36:26 NIV

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

Colossians 3:15 NIV

So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

Colossians 2:6-7 NIV

Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.

Proverbs 3:5 ESV



Topic Two

RENEWAL

Purpose: A prayer for the Holy Spirit to energize your heart and mind during times of adversity and uncertainty.



God, your timing is perfect.

Take all of this—that which seeks to control, deceive, divide, and devastate—and transform it into something worthy, creative, tranquil, and uplifting.

Take all my fears and life's injustices, and teach me once again that you hold a greater purpose for my life beyond comprehension or imagination. Remind me that nothing surprises you, the author of the history of histories.

While I wait upon your truth, I build my life around your precepts, knowing you are always working in my life.

Reign in my imperfect thoughts; reshape them into your artistic design.

Sever the bitter roots the enemy plans to incite division.

Surface the dross in my heart – control, envy, impatience, pride – and rid my mask of reproach.

Set my mind free so I can live in the Spirit rather than dwell in the pit or get lost and confused inside myself.

Your message to your faithful ones tells of a calm and spacious place that is always available to me. For you are constantly building a bridge from heartbreak to healing with a promise to prosper on the other side.

You tell me your timing is perfect, to trust and walk with you. To put my fears down and replace it with a new hope, with every thought, every breath.

It will take full faith in you, a daily outpouring of my heart, and true forgiveness and acceptance to mend my beguiled heart.

So, I stand fully committed and confident in Christ, because I know you are the only one who can bring light into this darkness.

I look to your words again; I hear them down deep inside.

I trust you to fight my battles once again.

SUPPORTIVE SCRIPTURE

The LORD makes firm the steps of the one who delights in him; though he may stumble, he will not fall, for the LORD upholds him with his hand.

Psalms 37:23 NIV

You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives.

Genesis 50:20 ¹NIV

Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

2 Corinthians 4:16-18 NIV

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

Colossians 3:15 NIV

Let us hold unswervingly to the hope we profess; for he who promises is faithful.

Hebrews 10:23 NIV

Pour out your heart like water before the presence of the Lord! Lift your hands to him for the lives of your children.

Lamentations 2:19 ESV

For he guards the course of the just and protects the way of his faithful ones. Then you will understand what is right and just and fair – every good path.

Proverbs 2:8-10 NIV



Topic Three

IDENTITY

Purpose: A prayer to keep a Godly perspective; to stay on His path when life feels off-track and upside down.



God, when my anger burns hotly, remind me you are the only one who truly understands my heart and the only one who can save me from destructive, self-consuming thoughts.

For as I turn to you, my cloak of indignation and defeat becomes one of capability, worthiness, strength, and contentment.

In a moment of challenge, help me to know that you always provide a way out, as long as my focus remains on you.

Reveal to me how this present circumstance and my perception of a broken, corrupt world is inconsequential compared to your insatiable desire for me to follow you.

I cannot comprehend everything that happens to me. Guide me to live this life in lockstep with your precepts, doing nothing in self-deception, cold-heartedness, or single-mindedness.

Remind me that my aloneness is a symbol of my unique role on this earth. Give me hope to embrace everything precious you've provided me and put it forward in faith. For you've placed me here in this time and space because there's more to be done.

Inspire me to play the right track in my mind – the one that harmonizes your truth with who I really am. I will not seek to understand the pull from the opposite side; for I know the undertow lashing out with destructive thoughts.

Remind me once again that you have already fought this battle and that I am free to stand in your light.

Strengthen my frame, and provide a light onto my path.

Help me stay true to your Word and follow what you've written on my heart.

SUPPORTIVE SCRIPTURE

She is clothed in strength and dignity; she can laugh at the days to come.

Proverbs 31:25 NIV

No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

1 Corinthians 10:13 ¹NIV

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

2 Corinthians 3:17 ESV

Trust in the Lord, and do good.

Psalms 37:3a ESV

Praise be to the LORD my Rock, who trains my hands for war, my fingers for battle.

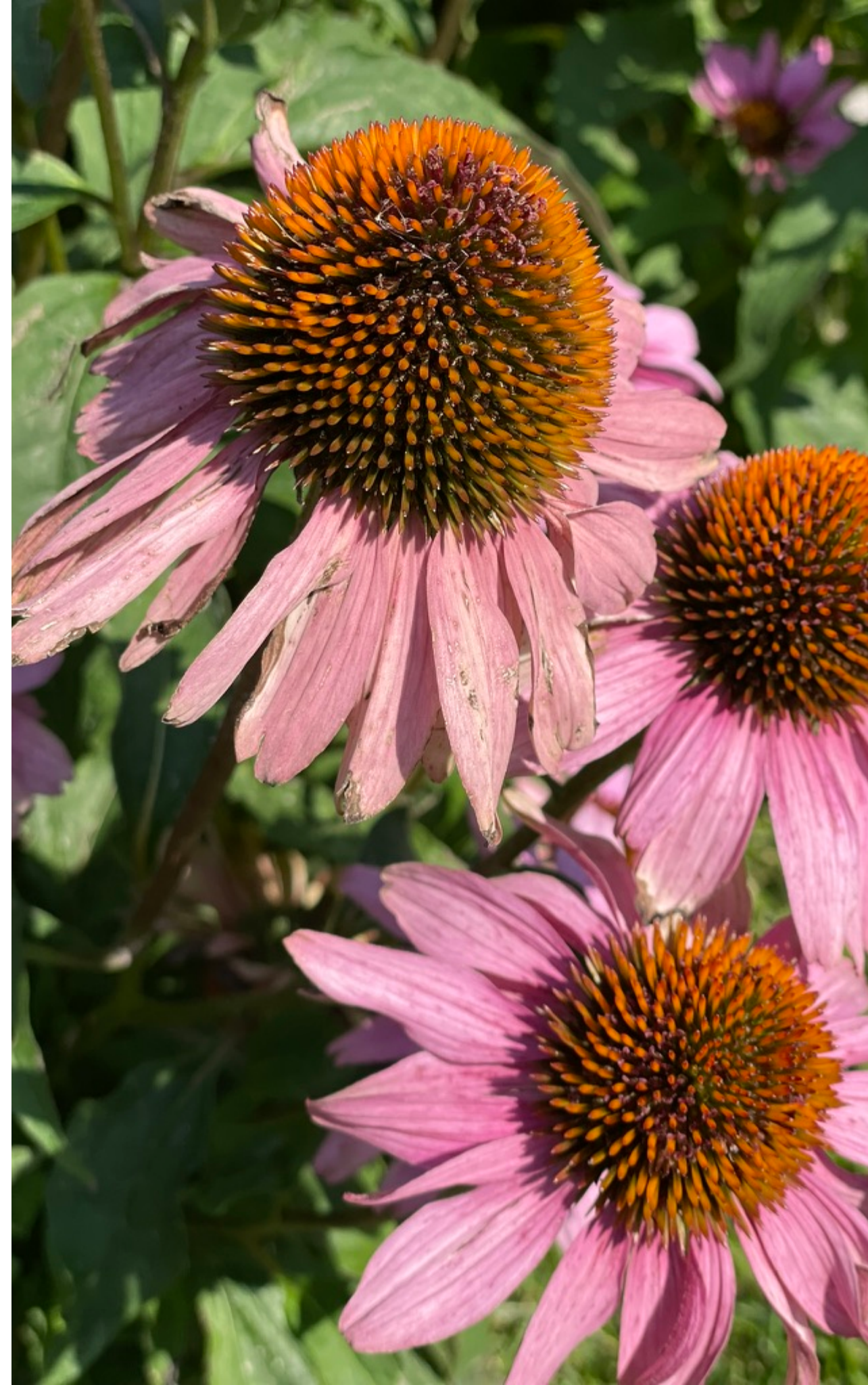
Psalms 144 ¹NIV

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is –his good, pleasing and perfect will.

Romans 12:2 NIV

Commit to the LORD whatever you do, and he will establish your plans.

Proverbs 16:3 NIV



Topic Four

CONFIDENCE

Purpose: A prayer to strengthen your reliance on Christ and to remember who you are in God's amazing plan for those who come to him.



The everyday attacks are unyielding, burdened by a thickness of lies and deception from an evil and destructive spirit who comes to steal, kill and destroy.

There's a relentless attempt to stir up rage and fury to defame and defile believers seeking your name.

But I know that you are greater than any debilitating force and your truth lasts forever.

You know my downcast thoughts; you calm me and my soul breathes.

You are my strength, you are my song; my portion and my cup.

You lead me down a path that helps me grow closer to you, my vine.

You give me hope as I follow you to fulfill my purpose, an inexpressible joy that leads me to my heart's desire.

You provide a shield of resilience when times are trying; your Word guards and protects me.

You know every tear that falls from a broken heart; every iniquitous thought that needs your strength to cast down.

You know the shadows that want to overcome my mind, those which dim the light and entice me down to a pit of hopelessness. Only you can restore me, calming the storm within.

God, to fight this battle and stand firm, take the debris from my heart from past circumstances and choices I've made—the disbelief, outrage, injustice, resentment, bitterness—and unchain my identity to them.

Let renewal and perspective reign over my mind instead of a downcast heart. Let my focus reign on who I am in Christ. Let the prize not be restitution, rather, a contrite spirit lifted up and strengthened in great measure that approaches each day with hope, passion, and purpose.

So, I take heart as I lift up your name and focus on reflecting your light so that others may see.

My cup brims with blessing today, and surely tomorrow.

SUPPORTIVE SCRIPTURE

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

John 10:10 NIV

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

Matthew 11:28-30 NIV

LORD, you alone are my portion and my cup; you make my lot secure.

Psalms 16:5 NIV

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledging him, and he will make straight your paths.

Proverbs 3:5-6 ESV

Take delight in the LORD, and he will give you the desires of your heart.

Psalms 37:4 ESV

Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil.

Ephesians 6:10-11 ESV

Uphold my steps in Your paths, that my footsteps may not slip.

Psalms 17:5 NKJV





And we, who with unveiled faces all reflect the Lord's glory, are being transformed into his likeness with ever-increasing glory, which comes from the Lord, who is the Spirit.

2 Corinthians 3:18 NIV

*You prepare a table before me in the presence of my enemies.
You anoint my head with oil; my cup overflows.
Surely your goodness and love will follow me all the days of my life,
and I will dwell in the house of the LORD forever.*

Psalms 23:5-6 NIV

*The LORD makes firm the steps of the one who delights in him;
though he may stumble, he will not fall, for the LORD upholds him with
his hand.*

Psalms 37:23 NIV

*Have I not commanded you? Be strong and courageous. Do not be frightened,
and do not be dismayed, for the Lord your God is with you wherever you go.*

Joshua 1:9 ESV

Notes and other scriptures:

Topic Five

HOPE

Purpose: A Prayer to receive inspiration and focus from the Holy Spirit when you need it most.



Your Holy Spirit calls to me before the dawning of the day, speaking your precepts before I'm awake. Before I open my eyes, I say your words in my mind, binding your chords of truth.

I see the day ahead and it begins to cloud my vision. I don't have enough time, skill, ability, patience, grace, or strength to make it through the day and get everything done on my to-do list.

God, help me set down all my anxious thoughts at the foot of the cross today, so I can walk in your light and focus on your promises.

Make my steps firm in your ways; round out the corners of my heart that are jagged and uneven.

Instill in me your purpose for this time that is like no other in history. Help me to not get overwhelmed by the darkness, but to cast down its tempting stronghold over me. Guide my thoughts to embrace this walk with you.

You see me and understand me perfectly. For you are my strength and my song.

Find me and grasp my hand to follow the God I seek. Meet me in my unbelief and lift me up.

Reach way down and churn inside me what needs to change. Help me get out of myself and steep me in your reality and your provision.

Instill your joy back into my heart so that I can overcome any weariness or discouragement.

Let it become contagious joy, lifting others up as I remember everything you've done for me.

In your name, I pray these kind of moments forward so you can catch me when I fall tomorrow and the next day.

I wait for my mind to calm, my heart to heal in your presence.

Thank you for predestining me to be conformed by Christ, calling me to hear your voice, justifying all that I am to make it right, and glorify your name.

I pray for your truth to fall from my mouth, to fit your design.

I pray to be a part of what you're blessing in this life.

SUPPORTIVE SCRIPTURE

So, do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Isa 41:10 NIV¹

The Lord upholds all those who fall and lifts up all who are bowed down.

Psalms 145:14 NIV

As it is written: "I have made you a father of many nations." He is our father in the sight of God, in whom he believed—the God who gives life to the dead and calls into being things that were not.

Romans 4:17 NIV

My heart says of you, "Seek his face!" Your face, LORD, I will seek.

Psalms 27:8 NIV

I have strength for all things in Christ Who empowers me [I am ready for anything and equal to anything through Him Who infuses inner strength into me; I am self-sufficient in Christ's sufficiency].

Phil 4:13 AMP

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me."

John 14:6 NIV

With joy you will draw water from the wells of salvation.

Isaiah 12:3 NIV¹



Topic Six

FAITH

Purpose: A prayer in desperate times to love the Lord, our God, with all your strength and to fully embrace His truth and plan for your life.



God, help me comprehend the power of your Word. As the world seeks to control me, help me seek your name. I feel crushed between the waves.

When I get fearful, calm my heart with your song. Let me know that you are with me. Keep me level-set as I go about my tasks reminding me in all ways of your presence.

Disquiet this downcast spirit that battles within me.

As my countenance grows faint within, I look to the one who knows my path. I bend my knees to the one who is high and lifted up.

You tell me that fullness of joy is my future. And that no one—no person, no government, no technocrat, no influencer, no evil—can take this away.

Holy Spirit, rid me from the temptation of wallowing in the pit with its luring mire and bitter briars. Untangle the despair within me so I can be strengthened by your affirmation.

Remove this cloak of darkness that lends itself panic and starts me on a downward spiral.

Give me your wisdom to embrace the potsherds of my life, so you can transform them into your brilliance.

Guide me toward your purpose. Enable me to speak with great boldness by the power of your Spirit. Help me move calmly through the storm with your grace and confidence.

As the tension calms, I see clearly my purpose and place in you.

In trusting you, I say, "You are my God." My times, all of who I am, are in your hands.

Thank you for being in control, above all things, and working in my life everyday.

I seek your tranquil heart with each breath, in every moment.

SUPPORTIVE SCRIPTURE

The Lord is close to the brokenhearted and saves those who are crushed in spirit.

Psalm 34:18 NIV

The Lord lift up His countenance (face) upon you [with divine approval], And give you peace [a tranquil heart and life].

Numbers 6: 26 AMPC

A cheerful heart is good medicine, but a crushed spirit dries up the bones.

Proverbs 17:22

You will show me the path to life, abounding joy in your presence, the delights at your right hand forever.

Psalm 16:11 NABRE

Do not be overcome by evil, but overcome evil with good.

Romans 12:21 NIV

Since we live by the Spirit, let us keep in step with the Spirit.

Galatians 5:25 NIV

Now, Lord, consider their threats and enable your servants to speak your word with great boldness.

Acts 4:29

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,

Ephesians 3:16





Scripture References

References from BibleGateway.com:

English Standard Version (ESV) The ESV® Bible (The Holy Bible, English Standard Version®), © 2001 by Crossway, a publishing ministry of Good News Publishers. ESV Text Edition: 2025.

New International Version (NIV) Holy Bible, New International Version®, NIV® Copyright ©1973, 1978, 1984, 2011 by Biblica, Inc.®

Amplified Bible, Classic Edition (AMPC) Copyright © 1954, 1958, 1962, 1964, 1965, 1987 by The Lockman Foundation

New American Bible (Revised Edition) (NABRE) © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC.

References from my own Bibles:

NIV Study Bible, Fully Revised (1 NIV), Copyright © 1985, 1995, 2002 by Zondervan.

The Message (MSG) Copyright © 1993, 2002, 2018 by Eugene H. Peterson

Amplified Bible Compact (AMP) Copyright © 1954, 1958, 1962, 1964, 1965, 1987 by The Lockman Foundation, by Zondervan.